

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS

EXAMPLE OLD PLAYLIST	LIABILITIES	GIFTS	EXAMPLE NEW PLAYLIST
<p>I AM TRAPPED</p> <ul style="list-style-type: none"> • Free Bird (Lynyrd Skynyrd) • Stuck in a Moment You Can't Get Out Of (U2) • No Way Out (Jefferson Starship) • Better Man (Pearl Jam) • Trapped (Bruce Springsteen) • With or Without You (U2) • Chains (Nick Jonas) • My Own Prison (Creed) • Boulevard of Broken Dreams (Green Day) • Stuck (Norah Jones) 	<p>SUPERPOWER: The Creative</p> <ul style="list-style-type: none"> • Flighty behavior • Indecision • A lack of commitment • Poor execution • Constant brainstorming or iterating 	<ul style="list-style-type: none"> • Creativity • Vision • Innovative • Original • Prolific • Ability to sense trends and capitalize on them 	<p>I CAN DEPEND ON YOU</p> <ul style="list-style-type: none"> • Freedom! '90 (George Michael) • I'll Be There for You (The Rembrandts) • Count on Me (Bruno Mars) • Beautiful (Christina Aguilera) • Umbrella (Rihanna) • You've Got a Friend (James Taylor) • I'll Stand by You (The Pretenders) • By Your Side (Sade) • Hold My Hand (Hootie & the Blowfish) • Drive (Incubus)
<p>I AM NOT SAFE</p> <ul style="list-style-type: none"> • Natural (Imagine Dragons) • New Rules (Dua Lipa) • Because of You (Kelly Clarkson) • Love the Way You Lie (Rihanna & Eminem) • Elastic Heart (Sia) • A Broken Wing (Martina McBride) • Father of Mine (Everclear) • Jar of Hearts (Christina Perri) • Disturbia (Rihanna) • Gimme Shelter (The Rolling Stones) 	<p>SUPERPOWER: The Powerhouse</p> <ul style="list-style-type: none"> • Looking for a fight • Arrogance • Bravado • Defensiveness • Extreme risk taking • Or its opposite — being extremely conservative 	<ul style="list-style-type: none"> • Confidence • Tackling big challenges • Leadership that provides assurance to others 	<p>I FEEL SAFE</p> <ul style="list-style-type: none"> • A Million Dreams (P!nk) • Call Me the Breeze (Lynyrd Skynyrd) • Stronger (Jennette McCurdy) • It's Gonna Be Alright (Ramones) • Tubthumping (Chumbawamba) • Safe and Sound (Capital Cities) • Good Life (OneRepublic) • Dream On (Aerosmith) • Guided by Angels (Amyl and the Sniffers) • Angels (Robbie Williams)
<p>I AM TREATED UNFAIRLY</p> <ul style="list-style-type: none"> • Survivor (Destiny's Child) • I Hope (Gabby Barrett) • I'm Not the Only One (Sam Smith) • You Oughta Know (Alanis Morissette) • Hot N. Cold (Katy Perry) • I Knew You Were Trouble (Taylor Swift) • Ex-Factor (Lauryn Hill) • Bleeding Love (Leona Lewis) • Wrecking Ball (Miley Cyrus) • Stitches (Shawn Mendes) 	<p>SUPERPOWER: The Warrior</p> <ul style="list-style-type: none"> • Defensiveness • Blaming others • Fierceness • Protectionism • Or its opposite — naivety 	<ul style="list-style-type: none"> • Protector • Courageous • Inspiring • Good troubleshooter 	<p>I AM BLESSED</p> <ul style="list-style-type: none"> • There's Nothing Holdin' Me Back (Shawn Mendes) • High Hopes (Panic! At the Disco) • The Champion (Carrie Underwood) • Thank You (Dido) • On Top of the World (Imagine Dragons) • I Could Not Ask for More (Sara Evans) • At Last (Etta James) • A Moment Like This (Kelly Clarkson) • (Sittin' on) The Dock of the Bay (Otis Redding) • Gratitude (Earth, Wind & Fire)
<p>I AM ONLY LOVED IF I SUCCEED</p> <ul style="list-style-type: none"> • Winning (Santana) • Monster (Shawn Mendes & Justin Bieber) • Fell On Black Days (Soundgarden) • Skyscraper (Demi Lovato) • The Best (Tina Turner) • How Do You Like Me Now?! (Toby Keith) • You Gotta Be (Des'ree) • The Winner Takes It All (ABBA) 	<p>SUPERPOWER: The Marathoner</p> <ul style="list-style-type: none"> • Workaholism • A lack of patience • A lack of caring connection 	<ul style="list-style-type: none"> • Dedication • Goal-oriented • Reliable 	<p>I AM LOVED NO MATTER WHAT</p> <ul style="list-style-type: none"> • Give Love (Andy Grammer) • No One (Alicia Keys) • Brave (Sara Bareilles) • We Are Family (Sister Sledge) • She Will Be Loved (Maroon 5) • I Knew I Loved You (Savage Garden) • A Thousand Miles (Vanessa Carlton) • Just the Way You Are (Bruno Mars) • Dancing Queen (ABBA) • All Star (Smash Mouth)

EXAMPLE OLD PLAYLIST	LIABILITIES	GIFTS	EXAMPLE NEW PLAYLIST
<p><u>I WILL BE REJECTED</u></p> <ul style="list-style-type: none"> Lonely Boy (The Black Keys) Nothing (The Script) Someone You Loved (Lewis Capaldi) Self Esteem (Offspring) Liability (Lorde) Until I Fall Away (Gin Blossoms) Tearin' Up My Heart (*NSYNC) Heartless (Kanye West) Somebody That I Used to Know (Gotye) What Hurts the Most (Rascal Flatts) 	<p>SUPERPOWER: The Teacher</p> <ul style="list-style-type: none"> Attacking Disconnection Being the first to pull the plug so you can't be rejected Superiority Showing off to prove you are better than others 	<ul style="list-style-type: none"> Insight Analytical Continuous improvement Quality-driven 	<p><u>I AM WELCOMED</u></p> <ul style="list-style-type: none"> Glad You Came (The Wanted) It's a Beautiful Day (Michael Bublé) Sit Next to Me (Foster the People) True Colors (Cyndi Lauper) Welcome to Paradise (Green Day) Hey, Soul Sister (Train) Hey There Delilah (Plain White T's) Shine (Collective Soul) Don't Stop Believin' (Journey) Hey Ya! (Outkast)
<p><u>I AM NOT ENOUGH</u></p> <ul style="list-style-type: none"> You Say (Lauren Daigle) Graveyard (Halsey) Hello (Adele) Crawling (Linkin Park) Unwell (Matchbox Twenty) Help! (The Beatles) Harder, Better, Faster, Stronger (Daft Punk) Black (Pearl Jam) Chasing Pavements (Adele) Every Little Thing (Dishwalla) 	<p>SUPERPOWER: The Connector</p> <ul style="list-style-type: none"> Lack of directness Trying to look good, saving face Poor communication Manipulation 	<ul style="list-style-type: none"> Connection Championing others Giving Empathetic 	<p><u>I AM AMAZING</u></p> <ul style="list-style-type: none"> Me Too (Meghan Trainor) Joy (for KING & COUNTRY) Happy (Pharrell Williams) Kind and Generous (Natalie Merchant) Pocketful of Sunshine (Natasha Bedingfield) Shake It Off (Taylor Swift) Feeling Good (Nina Simone) Toes (Zac Brown Band) Put Your Records On (Corinne Bailey Rae) Can't Hold Us (Macklemore & Ryan Lewis)
<p><u>I AM ALL ALONE</u></p> <ul style="list-style-type: none"> Alone (Halsey) Lonely (Justin Bieber) Be Alright (Dean Lewis) Counting Down the Days (Above & Beyond) All by Myself (Eric Carmen) Eleanor Rigby (The Beatles) Ain't No Sunshine (Bill Withers) Sometimes I Cry (Chris Stapleton) Please Don't Leave Me (P!NK) Lovefool (The Cardigans) 	<p>SUPERPOWER: The Individualist</p> <ul style="list-style-type: none"> Poor delegation A lack of collaboration A lack of communication Keeping secrets 	<ul style="list-style-type: none"> Self-starter Independent Grit Dedication 	<p><u>I AM CONNECTED</u></p> <ul style="list-style-type: none"> It Takes Two (Rob Base) Together (Sia) Anytime You Need a Friend (Mariah Carey) Lean on Me (Bill Withers) I'll Be There for You (The Rembrandts) Wannabe (Spice Girls) You're My Best Friend (Queen) I'm Yours (Jason Mraz) Yellow (Coldplay) Never Tear Us Apart (INXS)
<p><u>I AM AN IMPOSTER</u></p> <ul style="list-style-type: none"> Don't Let Me Get Me (P!NK) Shallow (Lady Gaga and Bradley Cooper) Person I Should Have Been (James Morrison) Dancing with Myself (Billy Idol) Why Do You Love Me (Garbage) Superman (Five For Fighting) You Know I'm No Good (Amy Winehouse) Down in a Hole (Alice In Chains) Poker Face (Lady Gaga) Kyoto (Phoebe Bridgers) 	<p>SUPERPOWER: The Performer</p> <ul style="list-style-type: none"> Inauthenticity Behaving like a chameleon Having trouble building trust Overconfidence masking a lack of confidence Avoidance of vulnerability 	<ul style="list-style-type: none"> Versatility Enthusiasm Perseverance Strength 	<p><u>I AM FREE TO BE ME</u></p> <ul style="list-style-type: none"> Good As Hell (Lizzo) Miss Me More (Kelsea Ballerini) Shades (The Knocks) Steal My Sunshine (Len) The Middle (Jimmy Eat World) Titanium (David Guetta) Roar (Katy Perry) Just Like Fire (P!NK) We R Who We R (Ke\$ha) Radioactive (Imagine Dragons)
<p><u>I HAVE TO BE PERFECT</u></p> <ul style="list-style-type: none"> Flaws (Bastille) Before You Go (Lewis Capaldi) I Won't Back Down (Tom Petty) Numb (Linkin Park) Perfect (Alanis Morissette) Basket Case (Green Day) Pretty Hurts (Beyoncé) Flawless (Dorothy) F**kin' Perfect (P!NK) Never Good Enough (Rachel Ferguson) 	<p>SUPERPOWER: The Organizer</p> <ul style="list-style-type: none"> Criticizing others and themselves Tenseness Irritation Resentment of others Scathing anger 	<ul style="list-style-type: none"> Structuring and organizing a path to success Takes responsibility seriously Good problem solver 	<p><u>I AM LOVED FOR MY FLAWS</u></p> <ul style="list-style-type: none"> All of Me (John Legend) Just the Way You Are (Bruno Mars) The Fighter (Keith Urban) Something Just Like This (Coldplay and the Chainsmokers) Second Chance (Shinedown) A Thousand Years (Christina Perri) Just the Way You Are (Billy Joel) My Baby Loves Me (Martina McBride) Fighter (Christina Aguilera) Because You Loved Me (Celine Dion)