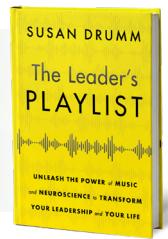


THE LEADER'S PLAYLIST



HEALING 9 WOUNDS

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I AM TRAPPED

I CAN DEPEND ON YOU

EXAMPLE OLD PLAYLIST:

- Free Bird (Lynyrd Skynyrd)
- Stuck in a Moment You Can't Get Out Of (U2)
- No Way Out (Jefferson Starship)
- Better Man (Pearl Jam)
- Trapped (Bruce Springsteen)
- With or Without You (U2)
- Chains (Nick Jonas)
- My Own Prison (Creed)
- Boulevard of Broken Dreams (Green Day)
- Stuck (Norah Jones)

EXAMPLE NEW PLAYLIST:

- Freedom! '90 (George Michael)
- I'll Be There for You (The Rembrands)
- Count on Me (Bruno Mars)
- Beautiful (Christina Aguilera)
- Umbrella (Rihanna)
- You've Got a Friend (James Taylor)
- I'll Stand by You (The Pretenders)
- By Your Side (Sade)
- Hold My Hand (Hootie & the Blowfish)
- Drive (Incubus)

Superpower: THE CREATIVE

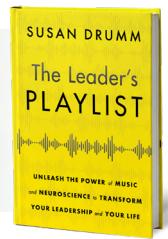
LIABILITIES

- Flighty behavior
- Indecision
- A lack of commitment
- Poor execution
- Constant brainstorming or iterating

GIFTS

- Creativity
- Vision
- Innovative
- Original
- Prolific
- Ability to sense trends and capitalize on them

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I AM NOT SAFE

I FEEL SAFE

EXAMPLE OLD PLAYLIST:

- Natural (Imagine Dragons)
- New Rules (Dua Lipa)
- Because of You (Kelly Clarkson)
- Love the Way You Lie (Rihanna & Eminem)
- Elastic Heart (Sia)
- A Broken Wing (Martina McBride)
- Father of Mine (Everclear)
- Jar of Hearts (Christina Perri)
- Disturbia (Rihanna)
- Gimme Shelter (The Rolling Stones)

EXAMPLE NEW PLAYLIST:

- A Million Dreams (P!nk)
- Call Me the Breeze (Lynyrd Skynyrd)
- Stronger (Jennette McCurdy)
- It's Gonna Be Alright (Ramones)
- Tubthumping (Chumbawamba)
- Safe and Sound (Capital Cities)
- Good Life (OneRepublic)
- Dream On (Aerosmith)
- Guided by Angels (Amyl and the Sniffers)
- Angels (Robbie Williams)

Superpower: THE POWERHOUSE

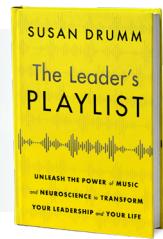
LIABILITIES:

- Looking for a fight
- Arrogance
- Bravado
- Defensiveness
- Extreme risk taking
- Or its opposite — being extremely conservative

GIFTS:

- Confidence
- Tackling big challenges
- Leadership that provides assurance to others

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I AM TREATED UNFAIRLY

I AM BLESSED

EXAMPLE OLD PLAYLIST:

- Survivor (Destiny's Child)
- I Hope (Gabby Barrett)
- I'm Not the Only One (Sam Smith)
- You Oughta Know (Alanis Morissette)
- Hot N Cold (Katy Perry)
- I Knew You Were Trouble (Taylor Swift)
- Ex-Factor (Lauryn Hill)
- Bleeding Love (Leona Lewis)
- Wrecking Ball (Miley Cyrus)
- Stitches (Shawn Mendes)

EXAMPLE NEW PLAYLIST:

- There's Nothing Holdin' Me Back (Shawn Mendes)
- High Hopes (Panic! At the Disco)
- The Champion (Carrie Underwood)
- Thank You (Dido)
- On Top of the World (Imagine Dragons)
- I Could Not Ask for More (Sara Evans)
- At Last (Etta James)
- A Moment Like This (Kelly Clarkson)
- (Sittin' on) The Dock of the Bay (Otis Redding)
- Gratitude (Earth, Wind & Fire)

Superpower: THE WARRIOR

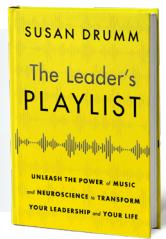
LIABILITIES:

- Defensiveness
- Blaming others
- Fierceness
- Protectionism
- Or its opposite — naivety

GIFTS:

- Protector
- Courageous
- Inspiring
- Good troubleshooter

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I AM ONLY LOVED IF I SUCCEED

I AM LOVED NO MATTER WHAT

EXAMPLE OLD PLAYLIST:

- Winning (Santana)
- Monster (Shawn Mendes & Justin Bieber)
- Fell On Black Days (Soundgarden)
- Skyscraper (Demi Lovato)
- The Best (Tina Turner)
- How Do You Like Me Now?! (Toby Keith)
- You Gotta Be (Des'ree)
- The Winner Takes It All (ABBA)

EXAMPLE NEW PLAYLIST:

- Give Love (Andy Grammer)
- No One (Alicia Keys)
- Brave (Sara Bareilles)
- We Are Family (Sister Sledge)
- She Will Be Loved (Maroon 5)
- I Knew I Loved You (Savage Garden)
- A Thousand Miles (Vanessa Carlton)
- Just the Way You Are (Bruno Mars)
- Dancing Queen (ABBA)
- All Star (Smash Mouth)

Superpower: THE MARATHONER

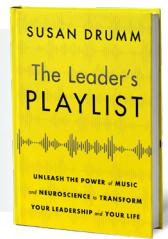
LIABILITIES:

- Workaholism
- A lack of patience
- A lack of caring connection

GIFTS:

- Dedication
- Goal-oriented
- Reliable

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I WILL BE REJECTED

I AM WELCOMED

EXAMPLE OLD PLAYLIST:

- Lonely Boy (The Black Keys)
- Nothing (The Script)
- Someone You Loved (Lewis Capaldi)
- Self Esteem (Offspring)
- Liability (Lorde)
- Until I Fall Away (Gin Blossoms)
- Tearin' Up My Heart (*NSYNC)
- Heartless (Kanye West)
- Somebody That I Used to Know (Gotye)
- What Hurts the Most (Rascal Flatts)

EXAMPLE NEW PLAYLIST:

- Glad You Came (The Wanted)
- It's a Beautiful Day (Michael Bublé)
- Sit Next to Me (Foster the People)
- True Colors (Cyndi Lauper)
- Welcome to Paradise (Green Day)
- Hey, Soul Sister (Train)
- Hey There Delilah (Plain White T's)
- Shine (Collective Soul)
- Don't Stop Believin' (Journey)
- Hey Ya! (Outkast)

Superpower: THE TEACHER

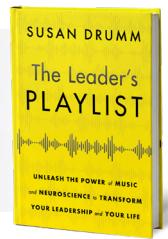
LIABILITIES:

- Attacking
- Disconnection
- Being the first to pull the plug so you can't be rejected
- Superiority
- Showing off to prove you are better than others

GIFTS:

- Insight
- Analytical
- Continuous improvement
- Quality-driven

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I AM NOT ENOUGH

I AM AMAZING

EXAMPLE OLD PLAYLIST:

- You Say (Lauren Daigle)
- Graveyard (Halsey)
- Hello (Adele)
- Crawling (Linkin Park)
- Unwell (Matchbox Twenty)
- Help! (The Beatles)
- Harder, Better, Faster, Stronger (Daft Punk)
- Black (Pearl Jam)
- Chasing Pavements (Adele)
- Every Little Thing (Dishwalla)

EXAMPLE NEW PLAYLIST:

- Me Too (Meghan Trainor)
- Joy (for KING & COUNTRY)
- Happy (Pharrell Williams)
- Kind and Generous (Natalie Merchant)
- Pocketful of Sunshine (Natasha Bedingfield)
- Shake It Off (Taylor Swift)
- Feeling Good (Nina Simone)
- Toes (Zac Brown Band)
- Put Your Records On (Corinne Bailey Rae)
- Can't Hold Us (Macklemore & Ryan Lewis)

Superpower: THE CONNECTOR

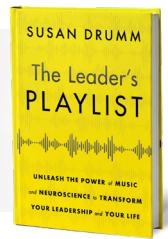
LIABILITIES:

- Lack of directness
- Trying to look good, saving face
- Poor communication
- Manipulation

GIFTS:

- Connection
- Championing others
- Giving
- Empathetic

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I AM ALL ALONE

I AM CONNECTED

EXAMPLE OLD PLAYLIST:

- Alone (Halsey)
- Lonely (Justin Bieber)
- Be Alright (Dean Lewis)
- Counting Down the Days (Above & Beyond)
- All by Myself (Eric Carmen)
- Eleanor Rigby (The Beatles)
- Ain't No Sunshine (Bill Withers)
- Sometimes I Cry (Chris Stapleton)
- Please Don't Leave Me (P!NK)
- Lovefool (The Cardigans)

EXAMPLE NEW PLAYLIST:

- It Takes Two (Rob Base)
- Together (Sia)
- Anytime You Need a Friend (Mariah Carey)
- Lean on Me (Bill Withers)
- I'll Be There for You (The Rembrandts)
- Wannabe (Spice Girls)
- You're My Best Friend (Queen)
- I'm Yours (Jason Mraz)
- Yellow (Coldplay)
- Never Tear Us Apart (INXS)

Superpower: THE INDIVIDUALIST

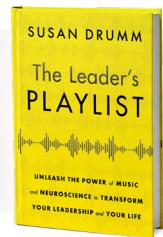
LIABILITIES:

- Poor delegation
- A lack of collaboration
- A lack of communication
- Keeping secrets

GIFTS:

- Self-starter
- Independent
- Grit
- Dedication

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I AM AN IMPOSTER

I AM FREE TO BE ME

EXAMPLE OLD PLAYLIST:

- Don't Let Me Get Me (P!NK)
- Shallow (Lady Gaga and Bradley Cooper)
- Person I Should Have Been (James Morrison)
- Dancing with Myself (Billy Idol)
- Why Do You Love Me (Garbage)
- Superman (Five For Fighting)
- You Know I'm No Good (Amy Winehouse)
- Down in a Hole (Alice In Chains)
- Poker Face (Lady Gaga)
- Kyoto (Phoebe Bridgers)

EXAMPLE NEW PLAYLIST:

- Good As Hell (Lizzo)
- Miss Me More (Kelsea Ballerini)
- Shades (The Knocks)
- Steal My Sunshine (Len)
- The Middle (Jimmy Eat World)
- Titanium (David Guetta)
- Roar (Katy Perry)
- Just Like Fire (P!NK)
- We R Who We R (Ke\$ha)
- Radioactive (Imagine Dragons)

Superpower: THE PERFORMER

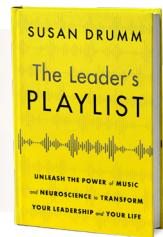
LIABILITIES:

- Inauthenticity
- Behaving like a chameleon
- Having trouble building trust
- Overconfidence masking a lack of confidence
- Avoidance of vulnerability

GIFTS:

- Versatility
- Enthusiasm
- Perseverance
- Strength

THE LEADER'S PLAYLIST: HEALING 9 WOUNDS



I HAVE TO BE PERFECT

I AM LOVED FOR MY FLAWS

EXAMPLE OLD PLAYLIST:

- Flaws (Bastille)
- Before You Go (Lewis Capaldi)
- I Won't Back Down (Tom Petty)
- Numb (Linkin Park)
- Perfect (Alanis Morissette)
- Basket Case (Green Day)
- Pretty Hurts (Beyoncé)
- Flawless (Dorothy)
- F**kin' Perfect (P!NK)
- Never Good Enough (Rachel Ferguson)

EXAMPLE NEW PLAYLIST:

- All of Me (John Legend)
- Just the Way You Are (Bruno Mars)
- The Fighter (Keith Urban)
- Something Just Like This (Coldplay and the Chainsmokers)
- Second Chance (Shinedown)
- A Thousand Years (Christina Perri)
- Just the Way You Are (Billy Joel)
- My Baby Loves Me (Martina McBride)
- Fighter (Christina Aguilera)
- Because You Loved Me (Celine Dion)

Superpower: THE ORGANIZER

LIABILITIES:

- Criticizing others and themselves
- Tension
- Irritation
- Resentment of others
- Scathing anger

GIFTS:

- Structuring and organizing a path to success
- Takes responsibility seriously
- Good problem solver