

SUSAN'S RECOMMENDED READING LIST

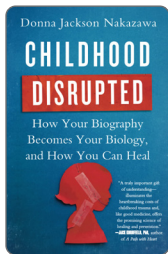
Susan's recommendations for elevating your leadership with books and podcasts.



The Leader's Playlist:
Unleash the Power of Music and Neuroscience to Transform Your Leadership and Your Life

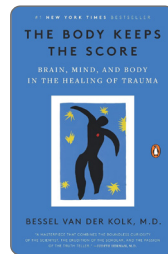
Susan Drumm

BOOKS



Childhood Disrupted:
How Your Biography Becomes Your Biology, And How You Can Heal

Donna Jackson Nakazawa



The Body Keeps the Score

Bessel van der Kolk



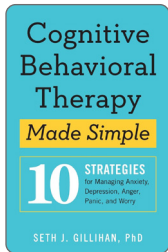
Sonic Boom: How Sound Transforms the Way We Think, Feel and Buy

Tyler Gray and Joel Beckerman



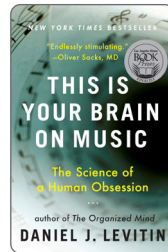
Your Brain Is Always Listening: Tame the Hidden Dragons That Control Your Happiness, Habits, and Hang-Ups

Daniel G. Amen



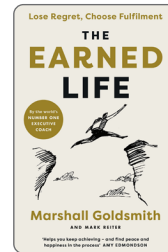
Cognitive Behavioral Therapy Made Simple: 10 Strategies for Managing Anxiety, Depression, Anger, Panic, and Worry

Seth Gillihan



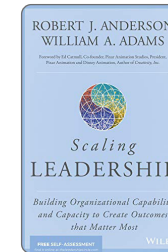
This Is Your Brain on Music: The Science of a Human Obsession

Daniel Levitin



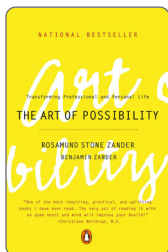
An Earned Life: Lose Regret, Choose Fulfillment

Marshall Goldsmith



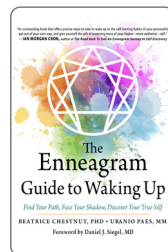
Scaling Leadership: Building Organizational Capability and Capacity to Create Outcomes that Matter Most

Bill Adams and Bob Anderson



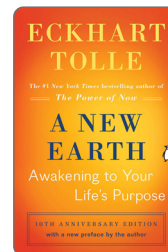
Art of Possibility: Transforming Professional & Personal Life

Rosamund Stone Zander and Benjamin Zander



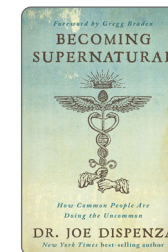
The Enneagram Guide to Waking Up: Find Your Path, Face Your Shadow, Discover Your True Self

Beatrice Chestnut



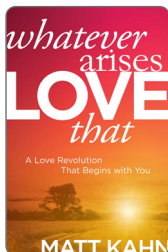
A New Earth: Awakening Your Life's Purpose

Eckhart Tolle



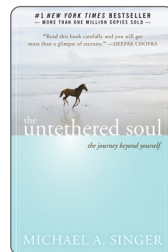
Becoming Supernatural: How Common People Are Doing the Uncommon

Dr. Joe Dispenza



Whatever Arises, Love That: A Love Revolution That Begins with You

Matt Kahn



The Untethered Soul: The Journey Beyond Yourself

Michael Singer



Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.

Brené Brown



Reverberation: Do Everything Better with Music

Keith Blanchard

SUSAN'S RECOMMENDED LISTENING LIST

Susan's recommendations for elevating your leadership with books and podcasts.



The Enlightened Executive

hosted by Susan Drumm

PODCASTS



Enneagram 2.0

hosted by
Bea Chestnut and
Uranio Paes



The MINDset Game

hosted by
Vered Kogan



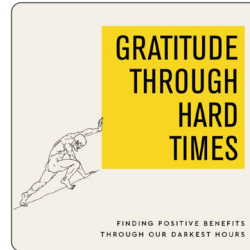
Amazing Business Radio

hosted by
Shep Hyken



The Global Leadership Podcast

hosted by
Jason Jaggard



Gratitude Through Hard Times

hosted by
Chris Schembra



Second in Command: The Chief Behind the Chief

hosted by
Cameron Herold



The Go-Giver

hosted by
Bob Burg



Engaging Leader

hosted by
Jesse Lahey



The Elevate Podcast

hosted by
Robert Glazer



Akimbo

hosted by
Seth Godin



The Ed Mylett Show

hosted by
Ed Mylett



The Women's Eye

hosted by
Pam Burke